

Berwickshire Summer Trips 2023

We had requests from members & parents to continue in the holidays and decided to make the most of the summer by having a wide variety of different social experiences that were local & accessible for our members and kept fuel costs and travel times down. Although we had very changeable weather with plenty of rain we proceeded with all our planned activities (beach and boat trips were combined on the same day).

All activities were full or half-day (rather than our usual 2hr evening sessions) which gave us more time to relax in the group & for members to get to know each other better. Group members were encouraged to be as independent as possible.

Using a minibus for transport enabled the group to travel together & many members gained a lot of confidence by being on the minibus chatting, singing & having fun together. One member had never been in a minibus before.

Each trip provided different experiences & outcomes:

Tenpin bowling (5th July) provided fun & exercise in teams.

Berry Picking (12th July) Fun exercise, making choices in which fruit to harvest. Money skills were used when buying berries.



Hay Farm Heavy Horse Centre & Heatherslaw Light Railway (19th July): Members were able to see the horses & stroke them many members had never had this experience before some were very nervous to begin with but with time an encouragement everyone was able to take part. On the railway: Listening to instructions boarding train sitting in compartments in small groups. Feeling the wind on our faces enjoying the trip & seeing the different scenery.



Beach & Speedboat Trip (26th July). Learning about safety wearing lifejackets, boarding boat a new experience for some members. Feeling the wind & sea spray on our faces.



Ravn Clay Pottery, Ford & Etal (2nd August): Listening skills visual skills to make a model pumpkin experience a pottery workshop in a working pottery.



Cookery (8th August): Choosing which snack & drink that they wanted to prepare. I took advantage of using the food pantry at the cookery class, this is food that would go to landfill.

Quotes

"How wonderful & amazing."

"Had a great time."

"Thanks for another great time at Interest Link."

"Thanks for a great day."

"I loved it"

"Fantastic "

"Fab"

"Great Fun"

"Great thank you."

"The best."

"Always fun"

"Thanks, the boys had a great time."